



First Presbyterian Church
Rahway, NJ

HEALING; MIND, BODY AND SPIRIT



WELCOME

OCTOBER 25, 2026

HEALING SERVICE

The Call To Gathering:

We gather together today, carrying and remembering the weight of cancer. **We are here because it has changed people's bodies and our lives.** Some of us are going through treatments. Some of us are in remission. Some of us have loved ones facing this. We know this valley of diagnoses, lab reports, blood draws, examinations, injections, and transfusions. **We know this valley of anxieties, sleepless nights, isolation, feeling terrified and angry in so many ways.** We are here making space to be real with our fears and our fatigue. In this time, we do not have to put on a brave face. **Here we are, welcome, exactly as we are.** We are making this space into a sanctuary where we can find release. We are making this a time for receiving strength. We are here to welcome hope and peace. We are here to receive the Spirit's gentle care and love. **We believe God is with us all, in all of this. We invite the holy Mothering, Spirit to soothe and restore our souls.**

Song

The Sharing

You may share what you are worried or wondering about. You may share what you've found helpful and inspiring and encouraging; Or, you may simply come to light a candle as an act of faith and prayer.

Song

Affirming the Body

A Guided Meditation

A Stone and Water Ritual:

Blessing the Stones

Receiving the Stones

The Invitation: *All are invited to come forward and place their stone in the bowl of water at the altar, symbolizing the release of every matter to the Spirit.*

A Litany of Wholeness:

For our bodies undergoing change, for the cells rebuilding, and for the medicine targeting disease... ***We breathe in peace, and hope.***

For the survivors navigating the complex joy and anxiety of remission, and the lifelong marks of the journey... ***We breathe in peace, and hope.***

For the scientists, oncologists, surgeons, and nurses whose wisdom guides our treatment... ***We breathe in peace; we thank them for their skill and care.***

For our spirits that experience the presence of the Divine. For the encouragers in our lives. For every form of beauty that reminds us of life, love, and goodness... ***We breathe in peace, and we give thanks to God, by whatever name we know.***

Anointing

Anyone who wishes to may come forward to receive anointing and a prayer for healing.

Closing Benediction (in unison):

We go forth knowing that we are resilient and determined. We have worth and importance. We do not walk this journey alone. We grab hold of the peace, hope, and love that comes to us, and it will guard our hearts today and always.